

CHEYENNE RIVER SIOUX TRIBE
OUTREACH WORKER
YOUTH DIABETES PREVENTION PROGRAM

DESCRIPTION OF WORK

General Statement of Duties: The primary role of the Outreach Worker is to provide case management services to the individual high risk youth clients (high- risk of developing diabetes) and help them make lifestyle changes which will prevent them from developing diabetes. The Outreach Worker will also create an environment in which these individual high risk students can succeed. The Outreach Workers will complete school screenings, home visits, as well as coordinate community activities. The Outreach Worker will promote wellness, healthy lifestyle choices, physical activity, and nutrition through education to the high risk youth and their families.

Supervision Received: The Outreach Worker will work under the immediate supervision of the CRST Youth Diabetes Prevention Program Coordinator.

Supervision Exercised: None.

EXAMPLE OF DUTIES (Duties may include but are not limited to the following):

Develops and maintains effective relationships with communities and community agencies.

Provides assessments and preventative intervention in a culturally appropriate manner.

Provides services in face to face sessions, measure goals and objectives.

Assists in annual Acanthosis Nigricans screenings in the four reservation school systems. (Grades K- 12.) This will include the dissemination of appropriate consent forms, etc.

Provides appropriate follow up services and referrals as needed according to the proper procedure.

Meets with each high risk student and their family to develop a case management care plan.

Will follow up with contacts as needed and work closely with each high risk individual to achieve measurable goals and objectives agreed upon.

Develops fun activities in the communities for the students to participate in and teach skills so the students can plan for themselves activities that will be healthy and fun.

Motivates youth to participate in activities by using motivational or incentive methods.

Encourages youth to stay away from drugs and alcohol.

Collaborates with the CRST Fitness Center Staff on developing and implementing fitness plans for the high risk youth in each of their communities.

Upon completion of the appropriate training, must be able to operate basic fitness equipment and must be able to instruct the program participants on operating the Fitness Room equipment correctly and safely.

Conducts self in a professional manner at all times. Must be a good role model for the youth.

Travels to each community assigned.

Works with individual high risk youth and their families, to promote healthy choices and healthy lifestyles.

Will be trained in the usage of blood glucose monitors, cholesterol screening, and blood pressure equipment.

Provides blood pressure and blood glucose checks on a regular basis and upon request.

Responsible for keeping records of all high risk youth in their communities by using an appropriate PCC or other tracking method as directed.

Responsible for data entry from the Acanthosis Nigricans Screenings.

Responsible for entering and filing all pertinent clientele data.

Performs other job related duties as assigned.

MINIMUM QUALIFICATIONS

Required Knowledge, Skills, and Abilities: Must have a healthy background. Must have a positive attitude and be able to develop a positive rapport with all participants. Must attend training as deemed appropriate. Must obtain certification to operate blood glucose and cholesterol machines. Must be a team player. Knowledge of case management and ability to develop and maintain effective data with co-workers and medical providers. Incumbent must possess the ability to screen, assess, and evaluate the needs of high risk youth clients. Knowledge of accurate record keeping. Knowledge of confidentiality. Ability to collect and organize data for statistical reports.

Education: Applicant must possess a high school diploma or GED certificate. Must be CPR & First Aid certified or be certified within three months of employment.

Experience: Health field and/or health care experience preferred.

Special Requirements: Prefer that applicant reside within the area for which they are applying, but not required. Must have valid drivers license. Must be able to walk, run, skip, jump, bend over, squat and lift (must be confirmed by submitting a physical exam).

Must be able to pass Federal, State, and Tribal/local criminal background checks in accordance with P.L. 101-647, P.L.101-630, and Resolution No. 86-2013-CR. Incumbent is subject to mandatory drug and alcohol testing in accordance with the Cheyenne River Sioux Tribe's Drug and Alcohol Free Workplace Policy.

Confidentiality is very important when working in the Tribal Health Department. It is expected that all matters pertaining to individual problems will be kept confidential. This also pertains to personnel issues. Failure to comply will be cause for dismissal.

Revised Date: June 17, 2013